

INTEGRATIVE PSYCHOLOGICAL MEDICINE, PLLC **CONTROLLED SUBSTANCE POLICY**

The use of any controlled medication may be a part of my treatment plan with Integrative Psychological Medicine (IPM). These medications may be used to help improve my functioning at home and at work as much as possible. I promise to abide to the rules and agreement stated in this policy. I agree with any consequences issued by IPM providers for failure to abide by any one of the agreements outline here.

PROVIDER RESPONSIBILITIES TO PATEINT

- IPM providers will work with you to make sure that the prescribed medicine is working as it should, to help you the patient and not cause any harm.
- We promise to consider all medications prescribed to you by other providers before you joined our practice and while you are registered as our patient, to ensure that they are the best treatment medication for you.
- We do not encourage our patients to seek medications or care from multiple providers for the same issue except on emergency or urgency situations.
- It is our providers' responsibility to educate patients on every medication mechanism of action and side effects.

PATIENT RESPONSIBILITIES WITH CONTROLLED MEDICATIONS

- It is my responsibility to follow the treatment plan including keeping all appointments set up by the provider.
- I am responsible for my medications. I will not share, sell or trade them for any reason. I will keep them in a safe place. I will accept any actions taken by the provider for not being responsible with my medications.
- It is my responsibility to be compliant with all medications as prescribed.
- I understand that the provider will not replace any medication that is lost, stolen, damaged or used-up sooner than it should.
- I will not use any psychotropic medications that have not been prescribed by the provider at IPM except for emergency or urgency situation.

USING PRESCRIPTIONS FROM OTHER PROVIDERS

I agree to inform the providers and administrative staff at Integrative Psychological Medicine of any psychotropic or controlled medications that I may receive from providers outside of Integrative Psychological Medicine such as, but not limited to, a primary care provider, other psychiatrist or emergency room provider. I will ensure to bring the medication bottle to my next visit even if the bottle is empty.

REFILLS

I understand that:

- Refills will be available during regular office hours.
- No refills will be honored at nights, holidays or weekends.
- No early or emergency refills may be made.
- I will pick up my prescription script myself or may request for it to be electronically sent to my designated pharmacy.

PRIVACY

While I am taking any controlled medicine, my provider may need to contact other providers or family members to get information about my use and tolerance to the medication with my consent.

STOPPING THE MEDICATION

If I do not follow this agreement, or if my provider decides that this medicine is hurting me more than helping me, this medicine may be stopped safely by my provider.